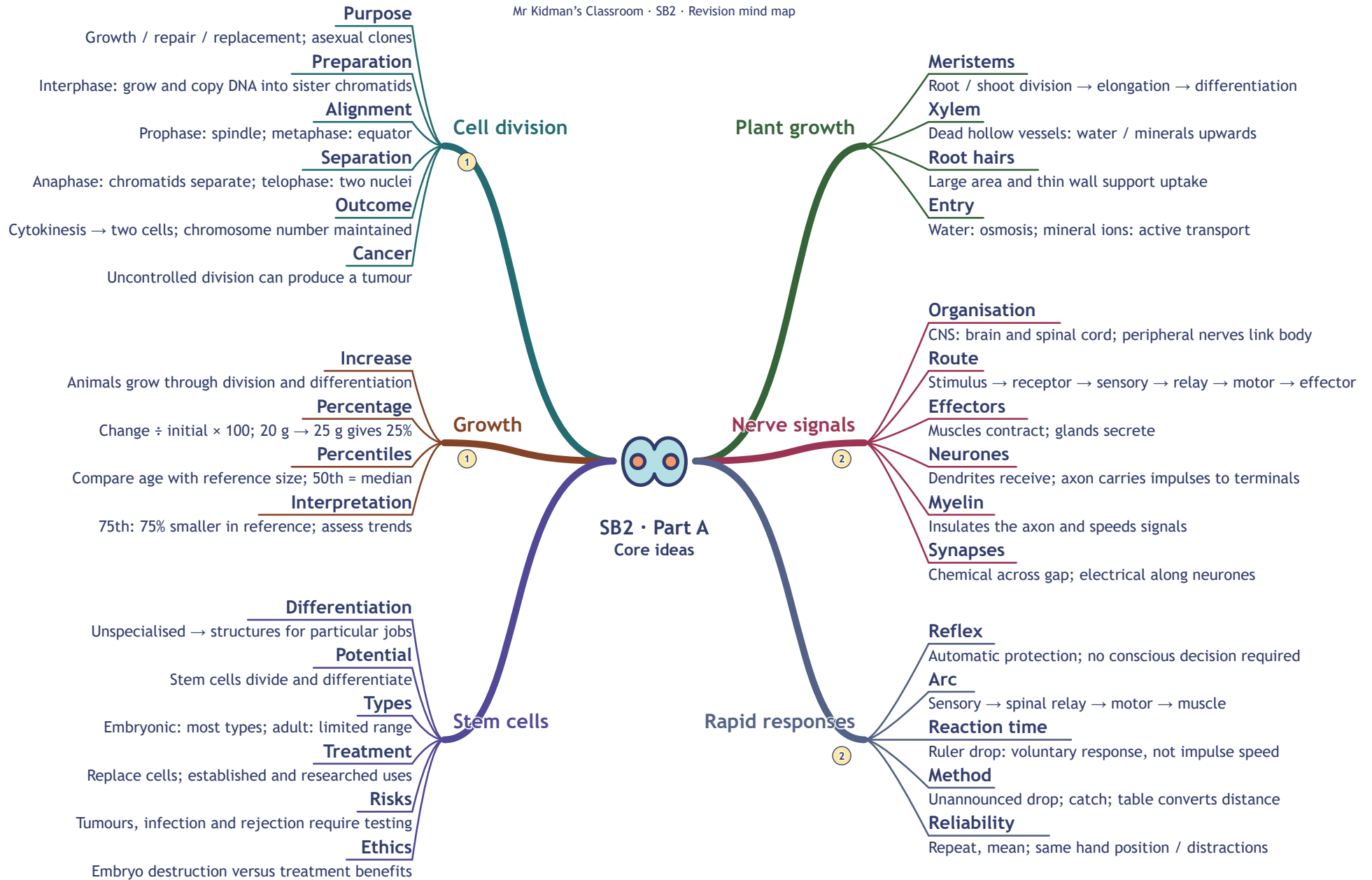




1. Cell division → Growth: Mitosis supplies cells for growth.
2. Nerve signals → Rapid responses: Reflex arcs use sensory, relay and motor neurones.